



We're thrilled to bring you this month's edition, packed with exciting news and updates that highlight the vibrant life within our Avery community. There's plenty to celebrate, including the grand opening of our brand-new care home, Waterhouse Manor, and a look back at the wonderful activities our residents and staff have enjoyed over the past four weeks.

Allow me to introduce myself — I'm the Home Manager for Waterhouse Manor Care Home in Peterborough, the newest member of the Avery Healthcare care home portfolio. We're proud to announce that Waterhouse Manor Care Home is now fully built, beautifully furnished, and already welcoming our first residents into what we hope will be their new home away from home.

The journey to this point has been both challenging and rewarding, and I want to extend a heartfelt thank you to everyone who helped make this vision a reality. We can't



Natalie Maxwell
Home Manager at Waterhouse Manor Care Home

wait to provide exceptional care and make a lasting impact in our community.

We'd love for you to experience our stunning new facility first-hand! Join us for the grand opening of Waterhouse Manor Care Home on Thursday 12th September, from 2pm to 5pm. It's a perfect opportunity to explore the beautiful surroundings, meet our dedicated team, and discover what makes our newest home so special. For more details, visit www.averyhealthcare.co.uk. We can't wait to welcome you!

Across the Avery network, so many amazing events, celebrations, and milestones have taken place over the last month. From heartwarming national day celebrations to unforgettable moments, this edition is brimming with joy. So, grab a cup of tea, get comfortable, and dive into the latest from Avery!

Get to Know Kathryn Baird-Parker: West Wood's New Home Manager

Kathryn Baird-Parker has been a Registered Nurse since 2007. Throughout her career, she has worked in a variety of care settings, including acute and community hospitals, care homes, domiciliary care, and NHS continuing healthcare. She brings a wealth of experience and understands the meaning of exceptional care.

Kathryn states, *"I am excited about opening our new home in the beautiful town of Sheringham, where the home looks out over some stunning coastline views, the local golf course and our heritage steam railway. It will be an integral part of the local community, and I have enjoyed building local links and networks with the people of Sheringham. The home will be the first of its kind in Sheringham, a luxurious 70-bed care home that offers outstanding care from every aspect."*



When she's not at work, Kathryn enjoys indulging in her hobbies. She is an avid crafter, loves spending time with friends and family, and is a regular at live music events. She also has a soft spot for animals and is often busy looking after her seven rescue cats.



Young Singer Performs for Care Home



Eight-year-old Lucciano Mortimore, who captured hearts on Britain's Got Talent, recently performed at Avon Valley Care Home in Bristol, bringing joy to the residents. His musical roots run deep, with his mother, Marisa, being a former member of Girlband on the X Factor, and his grandfather, Frankie Johns, a seasoned performer with decades of experience in care homes.

Lucciano began performing with his grandfather at just two years old, and this early exposure shaped him into the confident performer he is today. Now performing solo in Bristol care homes and hospices, his recent show at Avon Valley Care Home had residents clapping, singing, and dancing.

"I just like to sing and make people happy," Lucciano said, reflecting on his experience. His mother, Marisa, expressed immense pride, saying, *"This is the proudest moment ever."*

Residents and staff at the care home praised Lucciano's performance. Pam Bridgeman, a resident, called him *"a born superstar,"* while Sarah Donaldson, the administrator who booked him, was amazed by his talent and stage presence. Lucciano's grandfather, Frankie, shared his pride in seeing his grandson follow in his footsteps and bringing happiness to others.



Avery People Recognition Awards

We are thrilled to announce the winners of the first quarter of our Avery People Recognition Awards!

Your enthusiasm and commitment to celebrating the outstanding contributions of your colleagues have truly shone through, with over 200 nominations received. Thank you for being part of this incredible initiative.

Each winner has received a framed certificate, a £50 Love to Shop voucher, and a special pin badge.

We are delighted to recognise the following individuals and teams for their exceptional dedication, hard work, and impact.

To view the full list of winners, [click here](#).

Congratulations to all our winners! These individuals and teams will be shortlisted for our Annual Awards ceremony in November 2024, where we will continue to celebrate their remarkable achievements.

Nominate today!

Nominations for the next quarter are now open and close on Monday 30th September! We encourage all staff, residents, and relatives to take part in recognising the exceptional efforts of those around you. To submit a nomination, please email averyawards@averyhealthcare.co.uk with the following details:

- Your name and contact details
- Nominee's name and job title
- The name of the home where the nominee works
- Supporting information on why the nominee deserves to win, including testimonials and photographs, if applicable

Let's continue to honour the stars who make Avery Healthcare a wonderful place to work and live. Your participation makes a significant difference in our community.

Thank you for your ongoing support in recognising excellence!



A Bond That Lasts a Lifetime

National Friendship Day, celebrated on the first Sunday in August, is a special occasion to honour the connections that bring joy and support into our lives. This year, residents across several of our homes embraced the day with fun activities, celebrating both new and long-standing friendships.

At Frognal House Care Home in Sidcup, residents expressed their love through arts and crafts, sending **"hugs and smiles"** to friends near and far.

Over at Eastbourne Gardens Care Home in Eastbourne, a visit to the Hawthorns Eastbourne, turned into a delightful exchange, with resident Barbara warmly welcoming guests and sharing coffee with new friends.

Acorn Lodge Care Home in Nuneaton residents crafted friendship bracelets and mini bouquets, reflecting on the meaning of true friendship. Resident Linda beautifully summarised the day, saying, **"A true friend accepts you just the way you are, together through everything."** Meanwhile, Alma Court Care Home in Cannock residents enjoyed reminiscing about cherished friendships while trying on their new bracelets.

Southampton Manor Care Home in Southampton joined in the fun, making friendship bracelets and rings.

Edenbridge Manor Care Home in Edenbridge sent giant postcards to the

residents of Bridge Manor Care Home in Wimbourne as they prepared to go on a 'cruise!' The postcards featured cut-out photos and heartfelt messages from Edenbridge Manor residents, wishing them a wonderful time on their 'holiday.' Mary Turner, resident at Edenbridge Manor Care Home, said: **"Friendship means to have someone to talk to that you're comfortable with, who can make you laugh and offer support when needed."**

Camberley Woods Care Home in Camberley made a generous donation of homemade animal treats to the RSPCA Millbrook Animal Centre, brightening the day for both residents and animals.

This National Friendship Day was a beautiful reminder that friendships, no matter where or how they begin, are the threads that weave joy, love, and support into the fabric of our lives.



Our Homes Go for Gold

This summer, our homes were buzzing with Olympic excitement!

At Lady Jane Court Care Home in Leicester, residents decided to bring the games to life with their own fun events including pool noodle javelin, seated football, balloon volleyball, and table tennis. The best part? Everyone was a winner, and the joy was contagious!

Over at Aran Court Care Home in Birmingham, residents kept the spirit alive by passing their very own Olympic torch from one person to the next - a beautiful way to bring everyone together.

Meanwhile, Avonmere Care Home in Bristol, had a blast with a full-on Olympic sports day, packed with activities that had everyone cheering and laughing.

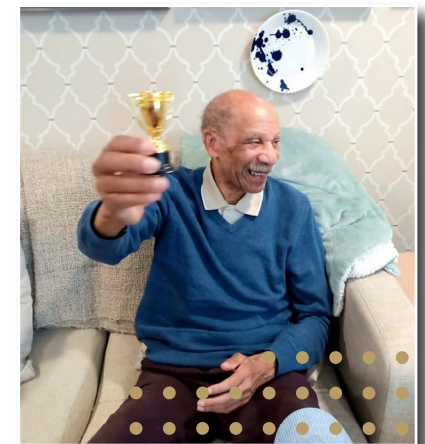
Dukes Court Care Home in Wellingborough also joined in with their own exciting games, making sure everyone felt like a champion.

Alma Court Care Home in Cannock had a blast supporting Team GB with their own games, including a tug of war where the ladies brought home gold!

Crispin Court Care Home in Stafford got in on the action too, hosting their own Olympics with archery,

hook-a-duck and mini golf. The fun activities had everyone joining in and celebrating!

These games brought so much laughter, joy, and togetherness. From torch-passing to balloon volleyball, our residents truly made this summer one to remember!





Cliveden Manor Celebrates a Decade of Care

Cliveden Manor Care Home in Marlow recently celebrated its 10th anniversary in grand style, marking a decade of exceptional care and community. The event brought together residents, their families, and staff for a joyous day of celebration.

The festivities included a delightful BBQ and live music from the Alan Jenkins Jazz Quintet, creating a lively atmosphere for all to enjoy. A special highlight of the day was the visit from the Mayor of Marlow, David Brown. Accompanied by Cliveden Manor Care Home's General Manager, Gabriela Smith, Mayor Brown toured the home, taking the time to chat with residents and

staff. His visit concluded with the ceremonial cutting of the anniversary cake and a turn at the ever-popular hook-a-duck game.

Mayor Brown expressed his admiration, noting, ***"What a lovely home! It's so homely and inviting, and everyone is so happy. I'm delighted to have been invited."***

The day was a fitting celebration of the home's achievements over the past decade, and Cliveden Manor Care Home looks forward to many more years of making a positive impact on the lives of its residents. Cheers to the next ten years!

Our Care Homes Achieve 'Good' CQC Ratings

We're delighted to announce that four of our care homes - Braintree Mews Care Home in Braintree, South Lodge Care Home in Leicester, Derby Heights Care Home in Derby, and Cliftonville Care Home in Northampton - have all received "Good" ratings from the Care Quality Commission (CQC), reflecting our commitment to excellence in care.

Braintree Mews Care Home was praised for its person-centred care and engaging activities. Director of Care and Quality at Artisan Care Marius Feeney remarked, ***"This achievement reflects our team's dedication."***

South Lodge Care Home impressed with its innovative care and strong leadership. Home Manager Donna Bradley said, ***"This 'Good' rating is a testament to our exceptional care."***

Derby Heights Care Home was recognised for its strong community ties and improved care quality. General Manager Lynn Bennett noted, ***"Our team's dedication has led to an excellent outcome."***

Cliftonville Care Home received praise for its leadership and

personalised care. Home Manager Maria Anghelide expressed her delight, stating, ***"We are elated with our new CQC rating, which reflects our commitment to delivering the highest quality of care."***

These ratings highlight our unwavering dedication to providing high-quality care and creating positive environments for our residents across all our homes.



Celebrating National Book Lovers' Day

On Friday 9th August, book enthusiasts across the nation join together to celebrate National Book Lovers' Day, a perfect occasion to indulge in the joy of reading.

This year, several care homes embraced the spirit with creativity and fun-filled activities.

At Scholars Mews Care Home in Stafford-upon-Avon, staff dressed as beloved book characters.

Residents enjoyed a spirited book club featuring Roald Dahl's *Revolting Rhymes* and crafted a vibrant collage to commemorate the day. The quiz championed by Team Gangster Granny added an extra layer of excitement!

Moorlands Lodge Care Home in Hindhead offered a whimsical twist with a 'blind date with a book' while savouring delightful treats inspired by classic stories.

Highcliffe Care Home in Sunderland took their passion for literature to Fulwell Community Library, discussing favourite authors over tea and exploring the Riverside Art Trail.

Horse Fair Care Home in Rugeley encouraged residents to step away from their devices and embrace the magic of reading at a local

library, with one resident saying, ***"Catherine Cookson is one of my favourite authors, but I look forward to reading this book by Virginia Andrews."***

These heartfelt celebrations showcase the power of literature to connect and inspire, reminding us of all the joy found in the pages of a good book.



Giffords Circus Brings Joy to Sonning Gardens

Sonning Gardens Care Home in Sonning experienced a delightful visit from Giffords Circus last week, bringing joy to residents, including 101-year-old Edna Wall, a former acrobat. The circus featured The Godfathers, a celebrated Ukrainian acrobatic troupe, showcasing a live band, a charismatic jester, and remarkable hula hoop performances.

For Edna, who joined the Kremlin Four acrobatic troupe at age 14 in 1937, the event was a touching reminder of her past. Despite her age, she still remembers her acrobatic days fondly, saying, ***"I never thought I'd see a circus again, let alone have one come to me! It brings back so many wonderful memories."***

Susan Johnstone, Home Manager, emphasised the significance of organising such events for the residents. ***"This performance provides our residents with an enjoyable experience and a chance to connect with one another. We strive to create opportunities that enhance their daily lives and bring joy to their hearts."***



Waterhouse Manor Opens Its Doors and Welcomes First Resident

Waterhouse Manor Care Home in Peterborough has officially opened its doors and celebrated its first resident, Ena Goulding, a 92-year-old from Peterborough. Ena was warmly welcomed into her new home by her family on Monday 9th September.

In a notable development, Waterhouse Manor Care Home has also secured a 12-month sponsorship deal with Peterborough United Football Club. This partnership will provide residents with tickets to games at Weston Homes Stadium, offering an exciting way to engage with the local community and enjoy the vibrant atmosphere of live football.

Bobby Copping, Commercial Sales Manager at Peterborough United, commented, ***“We are delighted to welcome Waterhouse Manor Care Home on board for the next 12-months. This sponsorship is a perfect fit, offering residents the chance to enjoy live football and the atmosphere at our games.”***

Natalie Maxwell, Home Manager at Waterhouse Manor Care Home, echoed this enthusiasm: ***“We are thrilled to partner with Peterborough United. Attending***

the games will undoubtedly be a highlight for our residents, adding to the memorable experiences we aim to provide.”

The addition of Ena Goulding as the first resident marks a memorable start for Waterhouse Manor Care Home, promising a future filled with community connections and joyful moments.



Celebrating Excellence

Avery Healthcare are delighted to announce that some of their exceptional staff members' have been nominated for a number of prestigious awards.

Greg Simmonds, Senior Regional Culinary and Hospitality Manager (South Region), is a finalist for ***Catering Manager of the Year*** at the National Association of Care Catering Awards. Since joining Avery in 2021, Greg has made significant contributions to culinary and hospitality management, demonstrating remarkable innovation and dedication.

“It’s an incredible honour to be named a finalist,” Greg shared, with Simon Lawrence, Director of Culinary and Hospitality, praising Greg’s leadership and professionalism, and expressing excitement about his future at Avery.



Kirsty Brown, Activities Co-ordinator at Brentwood Arches Care Home in Brentwood, has been nominated for ***Care Activities Coordinator of the Year*** at the National Care Awards 2024. Her dedication to enhancing the quality of life for residents has earned her this esteemed nomination.



Furthermore, Daniel Bridges of Hampstead Court Care Home in London is in the running for ***Care Home Manager of the Year*** at the same event.

These nominations highlight the remarkable contributions and unwavering commitment of these individuals to their fields, showcasing the high standards of care and service upheld by their organisations.



Community Fundraising Efforts Bring Hope and Support

Several care homes have recently made a significant impact through fundraising, offering vital support to local charities.

Barnet Grange Care Home in Barnet raised £200 for the North London Hospice during their summer fair. The team expressed their gratitude, saying, ***"We are always happy to give something back and look forward to welcoming North London Hospice to our home soon. Thank you for your hard work and dedication."***

Southampton Manor Care Home in Southampton raised £679 for the Romsey Cancer Support Centre at their summer fete. The funds will help the charity provide essential support to individuals and families affected by cancer.

Knowle Gate Care Home in Solihull hosted a lively summer fete, raising £750 for Age UK Solihull, Dementia UK, and the Alzheimer's Society. The event featured games, music, and food, drawing over 100 attendees from the local community.

Highcliffe Care Home in Sunderland donated handmade baby bonnets

and blankets to Sunderland Royal Hospital's Neonatal Unit. The hospital expressed loving thanks, noting that the items will bring comfort to newborns in need.

Rowan Court Care Home in Newcastle-under-Lyme celebrates Senior Carer Kerry Houghton, who completed the 26.2-mile Trek26 Peak District in 10 hours, surpassing her £500 fundraising goal for the Alzheimer's Society. Kerry's dedication and support from colleagues and the community have been overwhelming. She expressed her gratitude, saying, ***"Alzheimer's Society is close to many of our hearts, making this challenge incredibly rewarding."***

Claire Hilton, Business Administration Manager at Virginia Water Care Home in Virginia Water, will zip-line at 100mph on Thursday 12th September to raise £1,000 for PSPA in honour of her mother, Eve, who has PSP. Virginia Water Care Home supports her effort and encourages donations. Ewa Jaworska, Home Manager, said, ***"Claire's dedication is inspiring. We urge everyone to support her in finding a cure for PSP and CBD by donating here."***



Avery Sports Day: A Team-Building Success

Avery Sports Day was a fun-filled team-building event for the Group Support Centre staff members. The event took place at Bugbrooke Football Club. Random teams were formed, allowing colleagues to meet and engage with those they don't often work with.

Activities included a football relay, javelin throw, ball toss, blindfolded egg and spoon race, a quiz, and a tug-of-war.

Head Referee, Erran Soomal, noted, ***"Despite the rope burn and the siren, everyone enjoyed themselves and connected with new people. The weather was perfect, and the event gave us great ideas for future planning."***

The day ended with an award ceremony celebrating the top performers:

- Janece Morrison
- Dan Brothers
- Joe Cerski
- Sam Newton
- Mark Smith
- Maddie Davies
- Tim Moore
- Pat Forrest

A big thank you to everyone who participated and made the day so enjoyable. This event allowed the team to have some fun and strengthened our team spirit, leaving us all excited for the next one!



Milestones July 2024 September Edition



Photo of the Month



Margaret
Amarna House
100th Birthday, 29th July



John
Miramar
100th Birthday, 3rd August



Molly
Beaconsfield Heights
104th Birthday



Denys
Hanford Court
100th Birthday, 10th August



Lena
Highcliffe
101st Birthday, 16th August



Fred
Acer Court
101st Birthday, 28th August



Front: Maisie (resident) Behind: Margaret (resident)
Avon Valley



Herbert (Bert)
South Lodge
100th Birthday, 23rd August



Dorothy
Silvermere
104th Birthday, 22nd August

Got a story to share?

If you want to be featured in the next edition of Avery Talk, email marketing@averyhealthcare.co.uk with your story and photos by Monday 23rd September.